



## **AUXILIUM COLLEGE (Autonomous)**

(Accredited by NAAC with A+ Grade with a CGPA of 3.55 out of 4 in the 3<sup>rd</sup> cycle)  
Gandhi Nagar, Vellore – 6.

# **Youth Red Cross (YRC) 2018-2019**

# AUXILIUM COLLEGE (AUTONOMOUS)

(Accredited by NAAC with A+ Grade with A+ CGPA Of 3.55 Out of 4 in 3<sup>rd</sup> Cycle)

GANDHI NAGAR, VELLORE-632006



# YOUTH RED CROSS



**SUBMITTED BY**

**Mrs. V.R. Priyadharshni., M.A., (Ph.D), Asst. Prof.**

**Youth Red Cross - Program Officer**

**Auxilium College (Autonomous)**

**Vellore – 632006.**

**2018-2019**

*Sr. Vigneshwari*

PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

## COLLEGE LEVEL COMMITTEE

NAME	OFFICE HELD
Dr. (Sr.) Jayashanthi R., M.Sc., M.Phil., Ph.D., Principal.	Chairman
Mrs. V. R. Priyadharshni., Asst. Prof of English	Vice – Chairman, District Organizer, YRC- Sub Committee Member, IRCS-Tamil Nadu Branch
Dr. A. Rajalakshmi., Asst. Prof of English	Member
Pooja S. III B.A English	YRC-Student chairman shift –I
Deepika V. III Maths	YRC-Student chairman shift –II

### OVERVIEW:

**YOUTH RED CROSS (YRC)** has been functioning in Auxilium College since 1980 and it is one of the biggest and most active clubs. It is essentially a social service club.

### **YRC aims at:**

- Raising awareness to care for their own health and that of others.
- The understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfill the same.
- Helping the poor and needy, especially children by donating blood, clothes, notebooks, and other useful items.
- Highlighting the importance of personal hygiene, honesty, and World Peace.
- To enable to inculcate the spirit of service and sense of duty with dedication and devotion in the minds of Youth.
- To foster better friendly relationship without any discrimination.

### MOTTO:

- Protection of health and life. ( **HEALTH** )
- Service to the sick and suffering ( **SERVICE** )
- Promotion of national and international friendship, to develop the mental and moral capacities of the youth.  
(**FRIENDSHIP**)

*Dr. Jayashanthi R.*  
PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

S.NO	CONTENTS	PAGE NO
	<b>2018-2019</b>	
1	International Yoga Day	5
2	Youth Red Cross Inauguration	6
3	Geneva Convention Day Competition	7
4	Blood Donation Orientation	8
5	Training Of Trainers On Disaster Management (TOT)	9
6	International World Heart Day	12
7	69 <sup>th</sup> Geneva Convention Day	14
8	Disaster Management	15
9	Dengue Awareness Week	16
10	International Volunteer's Day	17
11	Educational Trip	18
12	30 <sup>th</sup> Road Safety Awareness Week Disaster Management	20
13	Disaster Management Volunteers Meet	21
14	Disaster Management Training for YRC Volunteers	22
15	District Programme Officers Meet	23
16	Heat Wave Awareness	24

*Sr. Vignesh - a*

PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

**2018-2019**

## **AUXILIUM COLLEGE (Autonomous)**

**VELLORE-632006**

### **INTERNATION YOGA DAY**

**JUNE**

**DATE: 21.06.2018**

Indian Red Cross Society, Vellore district branch; Tamil Naducorporation for development of women, Vellore; Cosmic Yoga studio Vellore, Nehru Yuva Kendra Vellore, jointly organized and celebrated “INTERNATIONAL YOGA DAY” on **21.06.2018** to bring peace, harmony, happiness and success to every soul in the world. In Vellore Mr. S.A.Raman IAS District Collector, Mrs. Vanitha IPS, DIG, Mr. Pagalavan, IPS Superintendent of Police, Vellore, took part in the yoga session along with the students and public. Mrs. Anju Sakthivel, Foundress and Yoga Instructor “Cosmic Yoga Studio’ Vellore, guided the gathering.

The program was held at Vellore fort Lawn. 1500 students from various schools and colleges took part. The program was inaugurated at 8.00 AM; Dr.C.Indernath Treasurer IRCS Tamilnadu Branch, Secretary IRCS Vellore Dist Branch welcomed the gathering. After which the students and dignitaries performed yoga. Different yoga postures like Vrikshasana, Uttanasana, Trikonaasana, Bhadrasana, Shashankaasana, Bhujangasana were performed and finally ended with pranayama and mediation. This was a great opportunity to imbibe the value of the discipline. 150 students from Auxilium College got a chance to know how yoga embodies unity of mind and body. Mr. G.Baskar, Treasurer IRCS Vellore District Branch, Proposed the Vote of Thanks. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer participated in this event with the students



### **YOUTH RED CROSS INAUGURATION**

**JULY**

**DATE: 18.07.2018**

Youth Red Cross is the part of Indian Red Cross Society. The Inauguration of the academic year 2018-2019 was held on 18/07/2018 in the college auditorium at 11:30 am with the motto “Give something that means

something” and objective “unity for Human Dignity”. Mr. M.S.M Nasruddin Hon. Gen. Secretary Indian RED CROSS SOCIETY, Tamil Nadu Branch, was the chief dignitary of the day. Dr.C.Indernath, Chairman Bharat groups of Educational Institutions Vellore, Treasurer IRCS Tamil Nadu Branch & Secretary Vellore District was the Guest of Honour. This ceremony commenced with Tamil Thai Vazhtu, Lighting of Kuthuvillaku by the chief guest, followed by the District Secretary Dr. C. Indernath, Vice-Principal Shift-II Rev. Sr. Dr. Mary Sheila Susai Raj and the YRC co-ordinators Ms. Priyadharshni.V.R&Ms.Stary Angeline D.

Ms. Priyadharshni V.R. Asst. Prof Dept. of English and YRC Co-ordinator. Shift-II welcomed the gathering and Rev. Dr. Sr. Mary ShielaSusai Raj honored the chief guest with a Memento. The oath taking ceremony of the program officer and the volunteers took places. The Presidential address was delivered by Dr. Indernath. This was then followed by the Chief Guest inaugural address. He guided the students about various awards and training program for which the students are eligible. He stressed on the importance of doing things and not just learning them. Ms. Stary Angeline.D Asst. Prof Dept of English& club secretary proposed the vote of thanks. The inaugural ceremony then concluded with the National Anthem. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event.



*Handwritten signature in green ink.*

**GENEVA CONVENTION DAY COMPETITION**

**PRINCIPAL**  
**AUXILIUM COLLEGE (Autonomous)**  
 Gandhi Nagar, Vellore - 632 006.  
 Vellore District, Tamil Nadu.

**DATE: 27.07.2018**

On Account of 69<sup>th</sup> Geneva Convention Day Indian Red Cross Society Vellore district Branch sent a circular to organize an elocution competition for the college students on the topic “**Discrimination against women /caste or class**”. The duration for the competition was five min. thirty students participated in this competition. The program began with an Inaugural function Ms. Priyadharshni V.R Asst. Prof dept of English welcomed the gathering and gave introduction about Geneva Convention Day. Ms. Stary Angeline.D Asst. Prof of English has been the judge for the competition. The program came to end with vote of thanks by Ms. Deepika. S from III BCA. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event.

**The Prize winners:**

S.No	NAME	DEPARTMENT	PRIZE
1.	Chamba Margaret.M	II Bsc. Micro Biology	1st
2.	FaithlinJohn.J	II Bsc. Micro Biology	2 <sup>nd</sup>
3.	Rehana Thabasum.M	I B.sc. Computer Science	3 <sup>rd</sup>



## **BLOOD DONATION ORIENTATION**

**AUGUST**

**DATE:**  
**20.08.2018**

Youth Red Cross shift II organized a blood donation orientation on 20.08.2018 in order to create an awareness on purpose of blood donation. The program began at 11.30 AM in the college auditorium. The chief Guests were Dr. Priska from the department of Clinical Pathology Christian Medical College Vellore, Mr. Arul Bakiyaraj PRO Blood Bank, CMCH, Vellore & Ms. Susheela Suriya Social Worker, CMCH, and Vellore.

The Program began with Tamil Thai Vazhthu followed by welcome address by Ms. Priyadharshni V.R Asst. Prof Dept of English & YRC Co-Ordinator Shift II. Dr. Priska explained about the importance of donating blood and the eligible person for donating blood. She also explained

- **Where are the blood cells produced?**
- **What is the blood made up of?**
- **Functions of the various components.**
- **Information about blood donation.**
- **Transmissible infections while transfusion.**

*Dr. Priyadharshni V.R.*

PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

And many other useful information. About 300 students participated in this orientation and got benefited and motivated. Ms. Deepika from III BCA Secretary Youth Red Cross Shift II proposed the cote of thanks. The program came to end with National Anthem. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event.



## TRAINING OF TRAINERS ON DISASTER MANAGEMENT (TOT)

SEPTEMBER

DATE: 18.09.2018- 22.09.2018

Indian Red Cross Society Tamil Nadu Branch organized 5 days training of trainers on Disaster Management from 18.09.2018 to 22.09.2018 at IRCS TNB office. The training covered the following topics.

- **Public Health in Emergency & Epidemic Prevention during disasters and Preventive medicine.**
- **Early Warning & Co-Ordination**
- **Fundamentals of Disaster Management & Latest Initiative in Disaster Mitigation**
- **Life Saving First Aid**
- **Shelter & Ware house Management, Functions of water Purification units & Eco Systems**
- **Climatic Changes and Water Conservation**
- **Crisis Management – Open Data Kit Application**
- **Search and Rescue Operations.**

The Program began with registration. Mr.M.S.M. Nassuruddin, General Secretary – IRCS TNB Inaugurated the training. He said disasters were not confined to any territory of the world but could occur anywhere, anytime and in any form. He also mentioned to the programme, participants would deliberate on various topics, including preventions on various topics, including preventions of disasters, reduction of risk, capacity building, preparedness to deal with any disaster, Emergency evacuation, First aid and many other trainings. He concluded saying that programme would conclude with the formation of the panel of volunteers who can work when disasters strike to provide help to the affected people.



### DAY I

#### FORE NOON

Dr. Viduthalai Virumbi, Medical officer from Public Health and preventive medicine department explained about

- **Vector Bone Disease**
- **Public Health & Hygiene**
- **Cycle of Disaster**
- **Volunteer Response**
- **Procedure to clean water**
- **Disease based on water & Food (During Disaster)**

The session came to end.

*Dr. Viduthalai Virumbi*  
PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

## AFTER NOON:

Second session continued with the visit to the REGIONAL METEOROLOGICAL DEPARTMENT. Dr. Balachander Deputy Director, General of Meteorology explained about

- **Satellite Products**
- **Radar Products**
- **Monsoon**
- **Cyclone**
- **Forecasting, warnings, observations**
- **Monsoon Report, Fishermen warning**
- **City Forecast, Rainfall Status, Weather Report**

He said, several parts of the country were susceptible to different types of Hazards depending Upon the unique topographic and climatic character. The session came to end at 6.30 PM.



## DAY II

### FORE NOON:

The session began with swimming exercise at 6.30 AM in Marina Swimming POOL. Rescue operations were taught in this session. At 9.30 AM Fore noon session was started on the topic “Fundamentals of Disaster Management” by Mr. Arasu Sundram, Head of the Department, Disaster Management Cell, Anna Institute of Management Chennai. He spoke about

- **Hazard**
- **Assessment**
- **SOP Before Disaster, During Disaster and After Disaster**

He shared the details of the death rate from Tsunami, He also shared about the name change of the Disaster Cell. Followed by this a group discussion was held on SOP.



### AFTERNOON:

Post Lunch Mr. Anbazagan First Aid Trainer Indian Red Cross Society handled the session. He spoke

*Dr. Jagan Sankar*  
PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

about

- **First Aid Management Measure**
- **Golden Hour**
- **Life Threatening Problem**
- **Fractures**
- **Bandage Procedure**

He explained about the priority during emergency and about types of wounds and the treatments in detail with this the session came to end.

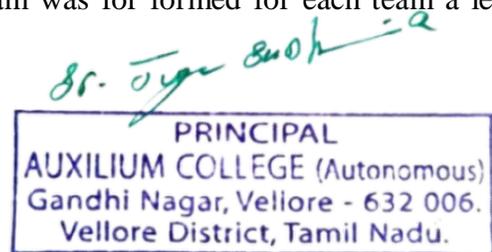


### **DAY III**

#### **FORE NOON AND AFTERNOON**

The session started at 6.30 with swimming Exercise. Around 9.30 AM the team travelled to Arrakonam Ware house. Mr. Murugan superintendent of the ware house explained the functions of the ware house. He mentioned that there are 6 ware houses in India. For Tamil Nadu its located in Arrakonam. He explained how the relief materials are dispatched during disaster and how they stock the relief materials and from where they get the relief materials. He also mentioned about MDU KIT Mobile Disaster Unit Kit, it contains 12 box which is used at the time of deployment. Post lunch a practical session was given on MDU Kit, Water purifying method, Assembling of Indian Tents and Arabian Tents. A team was for formed for each team a leader was assigned. The training came to end at 6.00 PM

- **MDU kit (Mobile Disaster Unit)**
- **Tents (INDIAN & ARABIAN)**
- **Construction of Mobile Toilets**
- **Water Purification Methods**



## **DAY IV**

### **FORE NOON:**

The day began with swimming at 6.30 Am. The session started at 9.30 AM, Dr. Jayashree Vencatesan, Managing Trustee, Care Earth Trust spoke on the topic “Climatic Changes and Water Conservation”. She gave a detailed information on

- **Climatic changes & Hazards**
- **Economic defects in Natural Disaster**
- **Culturally Appropriate**
- **Land and Eco-System**
- **Large Marine Eco-System**
- **Types and Characteristics Features of Natural Disaster.**

The session came to end and continued with the topic “Basics of Disaster & Emergency Assessment” by Mr. Vairavarajan, Disaster Trainer Indian Red Cross Society, He spoke about

- **Initial Assessment**
- **Immediate Needs**
- **Logistics**
- **Detailed Assessment**
- **Assessment Cycle**
- **Field Visit**
- **Preparedness & Types of Maps**

With this the fore noon session came to end.

### **AFTERNOON:**

This session was handled by Mr. Karnan Disaster management Co- Ordinator, Indian Red Cross Society Tamil Nadu Branch. This is a practical session on OPEN DATA KIT (ODK). The purpose of this kit is to avoid manual maintenance to distribute relief materials. In India Tamil Nadu was the first state to implement this methodology to avoid confusion during relief material distribution.

- **Instillation of ODK APP**
- **How to Use the Application?**
- **How to scan the bar code?**
- **How to store Information?**

These details were taught in this session with this the session came to end.

## **DAY V**

### **FORE NOON:**

The last day session began with swimming at 6.30 AM. At 9.30 NDRF – 4<sup>th</sup> Battalion handled a session on “Rescue Operations”. Mr. Nanda Kumar Senior officer trained the volunteers on search and rescue. Different types of knots were taught. Single knot, double knot, building collapse rescue were taught in detail.

*Dr. Jayashree Vencatesan*

PRINCIPAL AUXILIUM COLLEGE (Autonomous) Gandhi Nagar, Vellore - 632 006. Vellore District, Tamil Nadu.
---



**AFTER NOON:**

A search and Rescue operation was taught in detail post lunch. The session came to an end at 3.30 PM. The Valedictory function began at 4.00 PM. Mr. A.K.Viswanath IPS Commissioner of Police Chennai, presided over the function. Dr. Harish L Metha welcomed the gathering and honoured the Chief Guest. Mr. A.K. Viswanath gave the chief Guest address and distributor the certificate. Dr. C. Indernath, Treasurer IRCS TNB Proposed Vote of Thanks. With National Anthem the program came to end. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer participated in this event.



**INTERNATIONAL WORLD HEART DAY**

*Dr. Jagan Sankar - a*

**DATE: 24.09.2018**

**PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.**

International World Heart Day celebrations were organized by Youth Red Cross Shift II on 24.09.2018 Monday at Computer block Lobby. The Theme for the year 2018 is “My Heart, Your Heart” The main call to action for this year’s campaign is to make a promise, to encourage implementation of preventive measure of cardio vascular disease. Students from various departments participated in posture presentation based on the theme. Dr. Sr. Mary Sheila Susai Raj vice Principal Shift II, Inaugurated the presentation. Dr. Abi Beulha Head Department of Bio Chemistry and Dr. Hilda Princie Annie, Asst. Prof of English were the judges for the competition. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event.



### 69<sup>th</sup> GENEVA CONVENTION DAY

**DATE: 27.09.2018**

69<sup>th</sup> Geneva convention day was celebrated on 27.09.2018 (Thursday), with the focus on the world Peace, it was observed under the support of the Indian Red Cross Society, Vellore district Branch. The Program began with Tamil Thai Vazhthu. The chairman Ms. V.S. Parvatha received the president IRCS Vellore Dist Mr. S.A.Raman IAS, with a bouquet. Dr. C.Indernath Treasurer IRCS Tamil Nadu Branch and Secretary. IRCS Vellore Dist, welcomed the gathering. Mr. VenkadaSubbu, Vice- President IRCS Vellore Dist Branch honoured the Chief Guest with a Memento. MR.S.A.Raman delivered the chief Guest address and distributed the certificate and prize for the prize winners.

Auxilium College received district award for Best Contribution for the year 2017-2018. Three students received prize for Elocution competition. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer participated in this event with the students.

*Dr. Priyadharshni V.R.*  
PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.



## DISASTER MANAGEMENT

**OCTOBER**

**DATE: 09.10.2018**

The Youth Red Cross Students of shift II had a training on Disaster Management on 09.10.2018 (Tuesday) from 10.30 Am to 12.30 PM. This session was conducted by Ms. V.R.Priyadharshni Asst. Prof of English, YRC Co-Ordinator of Shift II and Disaster Management Trainer for Indian Red Cross Society, Tamil Nadu Branch. The Main objective of this program is to educate the YRC volunteers about the disaster and the Hazard, Risk & Vulnerability caused by the disaster. The session covered the following topics

- **History Principles of Red Cross**
- **Fundamentals of Disaster**
- **Latest Initiatives in Disaster Mitigation**

After this session students got a clear picture about the structure of Red Cross. They were given opportunity to ask their doubts about disaster. They understood the effects of disaster, risk factor, causes of disaster, measures to be taken before, during and after disaster, A feedback was collected from the students. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event and conducted the session.



## DENGUE AWARENESS AND PREVENTION WEEK

**NOVEMBER**

**20.11.2018 to 26.11.2018**

*Dr. Vigneshwaran*

PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

To spread awareness of dengue and promote and provide a safer and healthier living environment, the Youth Red Cross volunteers of Shift II observed “Dengue Awareness and Prevention Week from 20.11.2018-26.11.2018, which covered dengue awareness activities. Students highlighted the various causes, possible breeding sites of dengue mosquito and home remedies to prevent it, during the assembly every day.

A Dengue awareness campaign was carried out on 26.11.2018, NilavembuKashayam was distributed to the students inside the campus. The students of the club educated about the effects, causes and prevention of dengue by presenting postures. Dr. Sr. Mary Sheila Susai Raj Vice – Principal of Shift II visited the camp and appreciated the students for the presentation. Ms. Priyadharshni.V.R, Asst. Prof of English coordinated the program.



*Sr. Mary Sheila Susai Raj*  
PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

### **INTERNATIONAL VOLUNTEER'S DAY**

**DECEMBER**

**DATE: 05.12.2018**

International Volunteer's Day is a global celebration of volunteers. It takes place every year on 5<sup>th</sup> December to shine a light on the impact of volunteer efforts everywhere. Volunteers are leading social change around the world. This special day promotes the work of volunteer at all levels, including local, national and international.

Indian Red Cross Society Vellore District, and Youth Red Cross Unit of Auxilium College (Autonomous) jointly organized a cleaning camp at Vellore Fort. An inauguration was held at Vellore Fort Gandhi Statue, Dr. C. Indernath Treasurer, IRCS TNB and Secretary Vellore District branch, flagged off the rally. Ms. V.S. Parvatha, Chairman, IRCS Vellore District welcomed the gathering, Volunteers created awareness about importance of clean environment and ground water. The team of volunteers co-operated to make the camp successful one. The program came to end by 12.30 PM. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event in association with Indian Red Cross Society.



## EDUCATIONAL TRIP

**JANUARY**

**DATE: 05.01.2019 & 06.01.2019**

Auxilium College (Autonomous), requested Indian Red Cross Society Tamilnadu Branch to organize two days orientation program for the youth Red Cross volunteers of Shift- II. As per the request the Head Quarters arranged for the orientation on principles & activities of Red Cross, Disaster Management, First Aid and visit to RMD and it was held on 05.01.2019 & 06.01.2019.

### SESSION 1:

#### INAGUARATION, PRINCIPLES & ACTIVITES OF RED CROSS

The Session began at 10.30 AM. The Chief Guest of the ceremony was Prof. A.Kadhar Basha, former Principal of The New College, Chennai. & Hon. Advisor of IRCS-TNB Ms. Priyadharshni. V.R Asst. Prof. Dept of English & YRC Programme Officer YRC (Shift-II) welcomed the gathering & Ms.Rosaline Stephani honoured the chief guest with the gift. Inaugural address was given by the Chief Guest. He also explained clearly about the Principles of Red Cross to the students and motivated them to be volunteers.

After the Inaugural address Mr. VenkataSwamy, Personal Secretary to the General Secretary spoke about the structure and the activities of Red Cross.



*Ms. Priyadharshni*

**PRINCIPAL**  
**AUXILIUM COLLEGE (Autonomous)**  
 Gandhi Nagar, Vellore - 632 006.  
 Vellore District, Tamil Nadu.

## SESSION 2:

### VISIT TO RED CROSS DEPARTMENTS

#### PHYSIOTHERAPY DEPARTMENT,

Around 12 PM the students started to visit to the section in Red Cross first they visited Physiotherapy Department, **Mrs. R.G. PRIYA**, Physiotherapist explained about the machines and the exercises that are given to the patients as treatment. They also explained about the service done by the department and the minimal charges obtained from the patients.



#### DAY CARE HOSPITAL

Next the students visited **the Day Care Hospital** **Dr. G. GOMATHI**, Chief Medical Officer, DCH explained about the service offered by the hospital to the people. She explained that the hospital charges Rs.20 from the patients and provide 3 days medicines free of cost. She also mentioned about the medical camps organized by the IRCS - TNB in villages. Students were motivated after knowing this information.



**BLOOD BANK** Visit inspired the students to become a regular Blood Donor, **Ms.Anitha**, Lab assistant, Blood Bank, explained the importance of blood donation and she explained about the process of blood collection, screening and storing in detail. Students found these information very useful, and learned how to identify the blood group and hemoglobin level. Identifying Blood group and hemoglobin level was done to all the students and staff of Auxilium College who visited the camp, and a Blood group identification card was given to all.

*Sr. Jaya Sathya*  
PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.



### **SESSION 3:**

### **FAMILY COUNSELLING**

A Family Counselling Session was given by Ms.Karthiga, Family Counsellor who gave a talk on family health and nutrition, she explained students how to build a healthy family since they are future mothers’.



### **SESSION 4:**

### **REGIONAL METEOROLOGICAL DEPARTMENT**

Around 3.00 PM Students visited **REGIONAL METEOROLOGICAL DEPARTMENT**, Chennai. **Mr. D. MARAHATHAVEL**, Meteorologist explained briefly about the early warning system, how cyclones are identified, the reasons for climatic changes. The students learnt about the different types of cyclones and the effects of them. He also guided the students about the job opportunities in RMD and how to apply for the exams. Students found it very useful.



### **DAY 2:**

### **SESSION 1**

### **BEACH CLEANING**

*Dr. Vigneshwaran*

PRINCIPAL  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.

The day started at 4.30 AM with a walk and warm up exercise with in the IRCS campus Egmore. Based on the suggestion given by the Hon. General Secretary Mr. M.S.M. Nasuraddin, the students were taken to Chennai Marina for Mass Cleaning along the beach, to create awareness about clean environment



## SESSION 2

### DISASTER MANAGEMENT

The session began by 10.00 AM. **Mr. Rajesh**, Disaster Management Supervisor, started with the session explaining about the types of Disaster and its effects. He also spoke about the rescue methods at the time of Disaster, Mr. Lawrence. K, Volunteer, had a practical session in this rescue operations. Fire and Safety Demo was also given to the students and they were taught how to use the fire extinguisher.



## SESSION 2

### FIRST AID:

Mr. Palanivel, Secretary, Aminijikarai Sub – District Branch handled a session on First Aid. He had a theory and a Practical demo in First Aid; the students were made to do a practical demo in this session. The Students felt this session more interesting. They taught how to save a life of a person within the golden hour.



**VALEDICTORY FUNCTION:**

The program came to an end with a Valedictory Function Mr. M.S.M. Nasuraddin, Hon. General Secretary was the Chief Guest, Ms. Rosaline Stephani welcomed the gathering, Ms. Priyadharshni V.R. honoured the Chief Guest with a bouquet and IRCS-TNB With a memento. Mr. M.S.M. Nasuraddin gave the valedictory address, encouraged and motivated the students to be volunteers and distributed the certificates. He also honored the entire resource person.



The program came to an end with the National Anthem. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event.

**WORLD DAY FOR PEACE AND NON-VIOLENCE**

**DATE: 30.01.2019**

To Mark the world day for Peace and Non-violence, the Youth Red Cross Volunteers created an awareness about pollution in the environment caused by the usage of plastics. A Competition was conducted to promote recycling and reusing the plastic waste. Many students participated and expressed their talents in forming variety of articles using plastic waste. The competition was judged by Ms. *Sally N* Asst. Prof of

*Sally N*  
**PRINCIPAL**  
**AUXILIUM COLLEGE (Autonomous)**  
**Gandhi Nagar, Vellore - 632 006.**  
**Vellore District, Tamil Nadu.**

Commerce and Dean of Students welfare Shift II and Ms.T.Sathya Bama Ass.t Prof. of English Shift II. 50 students Participated Ms.Priyadharshni.V.R Co-Ordinator YRC Conducted the competition.

The Prize Winners are:

S.NO	NAME	DEPARTMENT	PRIZE
1.	J.Preetha G.Preethi	II Bsc.Maths B Sec	1 <sup>st</sup> Prize
2.	K.Dhana Priya	I Bsc.Maths B Sec	2 <sup>st</sup> Prize
3.	S.Lekha. T.Pavithra	I Bsc. Maths C Sec	3 <sup>rd</sup> Prize

### 30<sup>TH</sup> ROAD SAFETY AWARENESS WEEK

#### **FEBRUARY**

**DATE: 04.02.2019**

Tamil Nadu Transportation Department and Indian Red Cross Society, Vellore district Branch jointly organized a public awareness rally for Road safety on 04.02.2019. The motive behind this rally was to make the public to be aware of the road safety which plays a major role in day today life, the students also barried pluck cards explaining traffic rules and guiding the public about wearing seat belt and helmet while driving a Car and a Two-Wheeler.

The Rally started from the New Bus Stand, Vellore. District Collector Mr. S.A.Raman, IAS, flagged off the Rally. It was a successful event under the leadership of Dr.C.Indernath, Treasurer, IRCS TNB and Secretary, IRCS Vellore District., Ms. V.S.Parvadha, Chairman IRCS, Vellore District and Mr.G.Baskaran, Treasurer, IRCS Vellore District, Around 150 Students from Auxilium College (Shift-II), Participated in this awareness Campaign. Ms. Priyadharshni. V.R Asst. Prof of English and YRC Programme officer Shift II and Ms.Stary Angeline. D Asst. Prof of English and YRC Coordinator accompanied the students in this program.



*Dr. C. Indernath*  
**PRINCIPAL**  
**AUXILIUM COLLEGE (Autonomous)**  
**Gandhi Nagar, Vellore - 632 006.**  
**Vellore District, Tamil Nadu.**

### DISASTER MANAGEMENT VOLUNTEERS MEET

**DATE: 19.02.2019**

The Indian Red Cross Society, Vellore District Branch, organized a meet for volunteers of Disaster Management on 19.02.2019 (Tues Day). The Chief Guest was Mrs. Rina Tripathadi, Advisor Disaster Management, IRCS, National Head Quarters, New Delhi.

Dr. C. Indernath district Secretary received the Chief Guest. Mrs. V.S.Paravadha, Chairman IRCS, Vellore District delivered the welcome address. Mrs. Rina Tripathadi addressed the gathering. She had an interaction with the students about the precautions to be taken before disaster. The volunteers from

## Auxilium

College shared their learning experience and expressed their desire for their next level training. Mrs. Rina also gave a talk on cautions steps to with stand Heat Wave Conditions. She explained the Do's and Don'ts. She also shared about Emergency response and actions that have to be taken at the time of Disaster.

Our students (Auxilium College) impressed the Chief Guest by answering all the questions connected to the disaster management training in Chennai. The program Officer Mrs. Priyadharshni V.R was appreciated for having created an effective team in women's college. The students also performed Mock drill on First Aid. The program came to end with Vote of thanks by Dr. C. Indernath. Treasurer, IRCS TNB & Secretary, IRCS, Vellore District.



### **DISASTER MANAGEMENT AND FIRST AID TRAINING FOR YRC VOLUNTEERS**

**DATE: 23.02.2019**

Auxilium College (Autonomous), arranged one day Disaster management training for Youth Red Cross Volunteers (Shift II) on 23.02.2019(Saturday). The Inauguration of this training began at 9.30 AM. The Chief Guest of the ceremony was Mrs.V.S Parvadha. Chairman, IRCS, Vellore District. The Resource Trainer was Mr. Lawrence. K. Disaster Trainer from Indian Red Cross Society, Tamil Nadu Branch. Mrs. Priyadharshni .V.R Asst. Prof. Dept of English & YRC Programme Officer YRC (Shift-II) welcomed the gathering. Inaugural Address was given by Mrs.V.S. Parvadha. She encouraged and appreciated the students for taking initiative to participate in this training.



### **FORE NOON:**

Mr. Lawrence. K started the session explaining about the types of Disaster and its effects. He also spoke about the rescue methods at the time of Disaster, had a practical session in this rescue operations. Fire and Safety Demo was also given to the students and they were taught how to use the fire extinguisher

*Dr. Vignesh*  
**PRINCIPAL**  
AUXILIUM COLLEGE (Autonomous)  
Gandhi Nagar, Vellore - 632 006.  
Vellore District, Tamil Nadu.



### **AFTER NOON:**

The session began at 2.00 PM. Mrs. Priyadharshni.V.R.Asst. Prof. Dept of English & YRC Programme Officer YRC (Shift-II). The students had a theory and a Practical demo for First Aid, Basics of First Aid was explained, and they came to know to save a life of a person within the golden hour. The program came to end at 4.00PM. Ms. Priyadharshni.V.R., Asst. Prof of English and YRC Program officer organized in this event.



### **DISTRICT PROGRAMME OFFICERS MEET**

### **MARCH**

**DATE: 01.03.2019**

District level Programme officers meet was held on 01.03.2019 at Indian Red Cross Society, Vellore District Branch to discuss about the Governor award and President Awards to YRC Volunteers. Mrs.V.S.Parvadha, Chairman, IRCS- Vellore District Branch, welcomed the gathering. The meeting was headed by Dr.C.Indernath Treasurer, IRCS-TNB & Secretary, IRCS Vellore District Branch, The meeting was headed by Dr.C.Indernath Treasurer, IRCS-TNB & Secretary, IRCS Vellore District Branch.

- He explained about the YRC activities in college level.
- Importance of YRC participation
- Awards given to the volunteers.
- College Principal, Programme Officer, District Organiser, Volunteers and Vice- Chancellor
- Mentioned about the public awareness program.
- Students will get preference in job, (In Future)
- YRC Uniforms from District Branch should be purchased which cost Rs.200 / per set.
- YRC Flag must be printed.
- The procedure to send reports regarding the activities.
- Youth Red Cross Account must be opened and Rs.12 per student must be deposited in that account for yearly activity expenses and Rs.8 per student must be deposited to the Head Office through Demand Draft.

*Sr. Tiger Susha*  
**PRINCIPAL**  
**AUXILIUM COLLEGE (Autonomous)**  
**Gandhi Nagar, Vellore - 632 006.**  
**Vellore District, Tamil Nadu.**

- Yearly activity list was mentioned purchase of **YOUTH RED CROSS** handbook was insisted.

Dr. K.Ameenal Bibi, District Organizer & Asst. Prof of Mathematics D.K.M College Vellore, mentioned about the activities conducted. Mr. G.Baskar, Treasurer IRCS Vellore District Branch, Proposed the Vote of Thanks. Mrs. V.R.Priyadarshni. Asst. Prof of English (Shift –II) & YRC Programme Officer participated in this meeting.



### HEAT WAVE AWARENESS CAMPAIGN

**DATE: 19.03.2019**

Youth Red Volunteers of Shift-II conducted an awareness campaign on Heat wave on 19.03.2019 (Tuesday). The focus of the effort was to create awareness on the impact of heat waves; Heat waves often lead to dehydration, heat exhaustion, stress and even a fatal heat stroke. With advance planning and preparedness, the illnesses to be induced by heat waves can be brought down.



Vellore district has touched 40.6 degrees Celsius. The weather was between 95 degree Celsius and 98 degrees from third week of February. Public have been advised to drink lots of fluids such as water, buttermilk and consume fruits that are high in water content. They have also been advised to use umbrellas and caps, footwear and cotton clothe. To create awareness about this heat, wave the Youth Red Cross Volunteers of Auxilium College prepared charts and displayed in various places inside and outside the college. They also mentioned about the dos' and don'ts at the time of heat wave. A stall to distribute buttermilk and watermelon was arranged with the guidance of our respected Principal **Dr. (Sr.) Regina Mary R.** around 12.00 PM, Dr. **(Sr.) Regina Mary. Rour** Principal and Dr. Sr. Mary Sheila Susai Raj, Vice Principal (Shift-II) distributed the butter milk and watermelon to the workers and students. Youth Red Cross Volunteers also went in person to distribute to the butter milk to the people who are working in fields and construction sites within the campus. Ms. Priyadarshni. V.R Asst. Prof of English and YRC Programme officer (Shift-II) organized the whole program.